Child Care Instructions

Home and Family Information

Parent(s)' name(s) and phone numbers:

_____

_____

Names of children; dates of births:

_____

_____

_____

_____

Address:

_____

_____

_____

Parent(s)' Work Information:

(List name and address of employer, work phone number, and regular work hours for each parent.)

_____

_____

_____

_____

Children's Personal and Care Information

Allergies and other medical conditions; medications; meals; naps; bedtime schedule:

_____

_____

_____

_____

_____

_____

_____

_____

_____

Children's Health Care Providers

Doctor: _____

_____

_____

Dentist: _____

Other medical providers: _____

_____

Emergency Contacts

(List names, addresses, and phone numbers of people who babysitter can contact if they can't reach you in case of emergency; specify their relationship to your family.)

_____

_____

_____

_____

_____

Other Important Information

_____

_____

_____

_____